

# INSIDE Inclusion

## SPRING 2 NEWSLETTER

### ATTENDANCE

Cambrian Learning Trust schools recognise the importance of attendance and punctuality in enabling pupils to achieve their maximum potential. We aim to embed a culture of belonging, where pupils feel welcomed and safe at school.

We also recognise how quickly poor attendance impacts on learning, wellbeing and relationships when school is missed. For pupils to gain the greatest benefit from their education it is vital that they attend regularly and your child should be at school, on time, every day the school is open unless the reason for the absence is absolutely unavoidable.

Our schools aim to encourage and support parents with improved attendance and have various initiatives in place to aid this such as 'Attendance Streaks' at one of our Secondary settings and 'Punctuality Tickets' at one of our primaries. All these excellent initiatives are currently being shared across the whole Trust. A real benefit of so many schools working together. Do please make contact with school if you require support in this area.

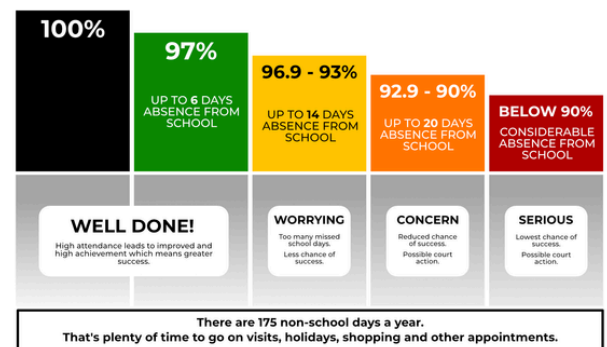
### SLEEP

Sleep plays a vital role in mental health and overall well-being. A good night's sleep is essential for emotional balance, learning, and physical health.

Links below may support to encourage better sleep habits.

- **Home - Teen Sleep Hub** - Information and resources for secondary schools and parents.
- **Sleep Tips - Cerebra**
- **10 Ways to Help Your Child Get a Better Night's Sleep (for Parents)|Nemours KidsHealth**

### WHAT IS YOUR ATTENDANCE?



### SERVICE PUPILS

Cambrian Learning Trust is a unique Trust for the service community as each school has service pupils on roll. Across Oxfordshire there are 2920 pupils who have parents who serve in the military. In total, 180 schools in Oxfordshire have service pupils on roll. 16% of the total number of service pupils in Oxfordshire attend a Cambrian Learning Trust school.

April is the international month of the military child. The official flower of the military child is the dandelion because its seeds are blown far and wide by the wind but it will always plant roots and blossom wherever it lands. Dandelion day on 4th April is the named day for marking the contribution made by children and families to our military services. Some Trust schools will be celebrating this day.

Supporting information/resources for schools and parents can be found on the following links:



[Month of the Military Child Resources](#)  
[Month of the Military Child - Little Troopers](#)

### USEFUL LINKS FOR PARENTS

- [Family Information Service](#) | [OASIS Coffee and Chat Wantage](#)
- [Family Information Service](#) | [OASIS Coffee and Chat - Abingdon](#)
- [Family Information Service](#) | [Yellow Submarine \(Activities for Young People aged 11-18 years\)](#)

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### SAFEGUARDING SPOTLIGHT

All schools in Cambrian Learning Trust have a LCSS school link worker. There is a huge benefit to cross Trust and external agency working, with a joint focus on supporting families. The link worker offers support and guidance to school staff, can refer and signpost to external agencies and ensure all children and families, where needed, are offered Early Help. This might look like a Strengths and Needs conversation being had with families or attending a team around the family meeting. For more information on what Early Help is please see here:

[Early-help-guide-for-families-Sept-2023.pdf \(oscb.org.uk\)](#)

The aim of LCSS is to ensure families have their support needs met by agencies within the community so that support is offered in a co-ordinated way, at the right time to make sure worries don't become bigger for children and their families. This could include support from school staff, school health nurse, a GP, the voluntary sector, anyone that offers a service to children and families. Please see further information here: [Early Help and the Locality Community Support Service \(LCSS\) - Oxfordshire Safeguarding Children Board \(oscb.org.uk\)](#)

There can be opportunities arranged for the LCSS link worker to meet with parents in person - to answer any questions you may have. You can find out who your schools LCSS school link worker is below:



If you wish to contact LCSS please talk to your school or email the link worker on: [LCSS@oxfordshire.gov.uk](mailto:LCSS@oxfordshire.gov.uk)

### LOCAL SEND PICTURE

- There are currently **7,500** students with Education, Health and Care Plans (EHCPs) within Oxfordshire. This is a **13%** increase in EHCPs in 2024 compared with 2023
- There are currently **724** students undergoing statutory assessments.
- There has been a **27%** increase in Education, Health and Care Needs Assessment (EHCNA) requests in 2024 compared with 2023

#### Cambrian Learning Trust Current Picture:

- **304** pupils with an EHCP in place
- **1419** pupils requiring SEND support
- ALL Trust school's have a percentage of pupils requiring SEND support which is above the National average.

### YOUNG CARERS

A young carer is defined as a child under 18 who helps to look after a relative with a disability, illness, mental health condition, or drug or alcohol problem.

This may include looking after one of their parents or caring for a brother or sister. A young carer may do extra jobs in and around the home beyond the responsibilities typically expected of someone of their age, for example helping someone get dressed or to move around, cooking all the family meals or being responsible for all the cleaning. They may give a lot of physical help to a parent, brother or sister who is disabled or ill. In addition to providing practical help, they may also be providing emotional support to their parents or siblings.

Cambrian Learning Trust schools endeavour to support young carers in school. Do please make school aware if your child is a young carer so schools can offer this additional support. Each school has an identified young carers lead.

### SCHOOLS' SCOOP



A number of our schools have been celebrating Neurodiversity Week this term. At Thameside, this included visits from researchers from the University of Oxford who led a range of talks and also provided children with the amazing experience of exploring the brain.